

***Chemoprevention of
Cancers in Smokers
and
Ex-Smokers***

Stephen Hecht, PhD

PM3001144062

Chemoprevention of Cancer in Smokers and Ex-smokers

Stephen S. Hecht, Ph.D.
University of Minnesota Cancer
Center

Goal

- Discover and develop chemopreventive agents effective against tobacco induced cancer, for use in smokers and ex-smokers

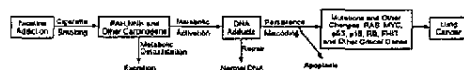
Chemotherapy and Chemoprevention

- Chemotherapy- treatment of cancer with toxic agents
- Chemoprevention - treatment of precancerous lesions or earlier changes with non-toxic agents

Rationale for chemoprevention of tobacco-induced cancer

- Prevention of smoking initiation and efficacy of smoking cessation have stalled since 1990
- There are 47 million smokers and 45 million ex-smokers in the U.S.- all at high risk for lung cancer and other tobacco-induced cancers
- There are 1.1 billion smokers worldwide
- Chemoprevention potentially can be coupled with smoking cessation

Scheme Linking Nicotine Addiction and Lung Cancer via Tobacco Smoke Carcinogens



U.S. Study 2: Nat Cancer Inst 71:941-946 (1989)

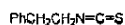
Molecular Targets

- Tobacco smoke carcinogens are targets for chemoprevention
- Targets for lung cancer prevention: BaP and NNK

**Rationale for Developing Isothiocyanates and
Other Vegetable Constituents as
Chemopreventive Agents for Lung Cancer**

- Consistently, epidemiologic studies demonstrate that vegetable consumption is protective against lung cancer
- Hypothesis: there are cancer chemopreventive agents in vegetables
- Isothiocyanates and other vegetable constituents have good chemopreventive activity in animal models

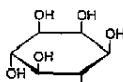
**Structures of PEITC, BITC,
and *myo*-inositol**



PEITC



BITC



myo-inositol

**Grid for Development of Chemopreventive
Agents**

	Rat	Mouse	Human
Efficacy			
Mechanism			
Toxicity			

**Grid for Development of Chemopreventive
Agents-PEITC**

	Rat	Mouse	Human
Efficacy	NNK	NNK NNK + BaP	?
Mechanism	Inhibition of activation	Inhibition of activation-in part	Inhibition of P450s by watercress
Toxicity	13 week and 2 year studies-3 umol/g diet	3 umol/g diet is non-toxic	160 mg/day

**Grid for Development of Chemopreventive
Agents-BITC**

	Rat	Mouse	Human
Efficacy	?	BaP	?
Mechanism	Induction of phase 2 enzymes	Inhibition of activation-in part	?
Toxicity	2.5 umol/g diet (25 weeks)	1 umol/g diet is non-toxic	14 mg/day

**Grid for Development of Chemopreventive
Agents- myo-Inositol**

	Rat	Mouse	Human
Efficacy	?	BaP, NNK BaP + NNK Tobacco smoke	?
Mechanism	?	?	Reversal of BPDE induced inhibition of differentiation
Toxicity	15 mM in drinking water (47 weeks)	3% in diet	20 g/day

STUDY IN
LOW DOSE
5 mg/kg
LC

Limitations of Chemoprevention of Tobacco-Related Cancer

- Disincentive to cessation
- Low compliance
- Damage overwhelms agents
- Cost

Research Priorities: Chemoprevention

- Identify and develop effective agents
- Develop appropriate biomarkers
- Identify susceptible individuals
- Develop a pipeline for translation of preclinical data to clinical trials

Summary

- Chemoprevention is a potentially practical approach for reduction of cancer in smokers and ex-smokers.
- Tobacco smoke carcinogens are appropriate targets for chemoprevention.
- Mixtures of agents will be necessary for chemoprevention of tobacco-related cancer.
- Isothiocyanates and *myo*-inositol are appropriate constituents of this mixture based on efficacy, mechanism, toxicity
